



(February 2010)

WEYMOUTH ELDER SERVICES ON-GOING PROGRAMS



ARCHERY	Saturdays 11:30AM – 12:45 PM
BAND	Thursday, 10:00 AM
BINGO	Thursday, 12:00 PM*
BLOOD PRESSURE	1st & 3rd Wednesday, 10:00 AM-11:30 AM
BOCCE	Thursday, 10:00 AM April-October
BOOK CLUB	2nd Wednesday of Month, 2:00 PM
BRIDGE	Monday, 12:30 PM
CHESS	Mon., Wed., Fri., 9:00 AM
CHORAL GROUP	1st Tuesday, 1:30 PM
COMPUTER CLASSES	Call for dates and times
CRIBBAGE	Thursday, 12:30 PM*
ELDER FINANCE	By appointment, call for date
ELDER LAW	By appointment, call for date
FOOD SHOPPING	Wednesday Morning*
FOOT CARE	By appointment, call for date
FRIENDS BOARD MEETING	1st Monday, 10:00 AM
FRIENDS LUNCHEONS	2nd Friday, 12:00 PM*
HEARING TESTS	3rd THURS. - By appt., call for date/time
KNITTING	Tuesday, 10:00 AM
LINE DANCING	Wednesday, 11:00 AM
MASSAGE, Chair	2nd Monday of the month - By appointment
MEAL SITE TRANSPORTATION	Monday, Tuesday, Thursday*
MEDICAL TRANSPORTATION	Monday through Friday*
MOVIES (takes a Summer Hiatus)	Friday, 1:00 PM
MUSCLES IN MOTION	Monday, Wednesday, Friday 10:15 AM
POKER	Tuesday and Friday 12:00 Noon
POOL ROOM	Monday through Friday 9 AM - 4 PM
SHINE	Tuesday – By Appointment
TAI CHI	Tuesday, 1:30 PM
WALKING CLUB	Monday, Wednesday, Friday, 9:00 AM
WATERCOLORS	Spring & Fall/Wednesday, 10:00 AM
WHIST	Monday, 12:30 PM
Wii BOWLING	Tuesday, 1:00 PM
WOODCARVING	Tuesday, 9:00 AM
WRITING WORKSHOPS (2 classes)	Wednesday 10:30 AM and 12:00 Noon
YOGA, CHAIR	Tuesday, 10:00 A.M.

- * **HANDYMAN (call for service (781) 682-6140)**
- * **MEDICAL EQUIPMENT AVAILABLE ON LOAN AT CENTER**
- * **TRANSPORTATION (call Steve Venno at 331-3921)**

